



CANADIAN COUNSELLING AND  
PSYCHOTHERAPY ASSOCIATION

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L'ASSOCIATION CANADIENNE DE  
COUNSELING ET DE PSYCHOTHÉRAPIE

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[www.ccpa-accp.ca](http://www.ccpa-accp.ca)



# Who are we?

- Founded in 1965, the Canadian Counselling and Psychotherapy Association (CCPA) is the leading national bilingual association for counsellors and psychotherapists in Canada with over 5200 members.
- *170 members in NL*



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# What we do

- Collaborate with other organizations within the continuum of primary care
- Promote policies and practices which support the provision of appropriate, accessible and cost effective services for all.
- Make vital contributions to the mental health and well-being of Canadians.



- Advocate for the profession on a pan-Canadian level while representing various special interest groups (e.g.- school counsellors, Indigenous groups).
- Validated a definition and scope of practice for the profession which was nationally validated.
- Multiple titles are used to describe the profession.
- Provide professional development opportunities (e.g. Supervisor Workshop in St. John's).



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# CCPA Initiatives

- National Competency Assessment
- Clinical Supervision designation & training program, workshops, handbook & textbook
- Accreditation of Counselling programs
- Regulatory & Legislative support (ON, QC, NS, BC, NB, PEI, AB, NL).



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# National Certification (CCC)

- CCPA established (1986) a national credentialing service, with the protected title of *Canadian Certified Counsellor (CCC)*.
- This identifies to the public and colleagues those who have achieved the national standard for counselling in Canada, with a defined scope of practice, professional accountability, continuing education requirement and liability insurance.
- Code of Ethics, Standards of Practice, Ethical Complaints Process.
- Directory of Canadian Certified Counsellors.



# Key messages

- Increased awareness of the Association, with inclusion in collaborative efforts re: program and policy development.
- Availability to improve access to mental health and clinical services
- Government support for Regulation of profession under HPA Legislation



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