

Thrive Presentation

Mental Health & Addictions Consultation

June 5, 2015



About Thrive

- Programs & Services for vulnerable youth & young adults. Including Street Reach, Alternative Education, Velocity, Project Endure.
- Individual supports, outreach and case management services.
- Community Collaboration & Coordination.(CASEY)
- Identifying gaps in services.



Recognizing improvements

- Expansion of the Mobile Crisis Team hours of operation
- Two new treatment centres for youth in Paradise & Grand Falls Windsor
- New treatment facility in Harbour Grace
- All Party Committee on Mental Health



Some Data

- Through our individual support, outreach and case management services Thrive worked with 236 individuals and provided 7794 services in 2014/2015.
- 126 individuals identified mental health as their primary issue & 50 individuals identified addiction as their primary issue.
- Most individuals have multiple issues and challenges, adding to the complexity:
 - 54% have issues relating to family;
 - 53% do not have adequate Education
 - 41% are inadequately housed
 - 31% have relationship conflicts
 - 39% have Physical health challenges
 - 27% struggle with violent/aggressive tendencies



Increase opportunities for Outreach, Collaboration & Harm Reduction Principles

- Seek opportunities to consolidate efforts to reach & serve maximum number of people;
- Increase outreach efforts as opposed to in-reach;
- Find opportunities to utilize a harm reduction approach, as this is often the first critical step for building relationships & long term change. (HR will appear after specific recommendations that promote a harm reduction approach)



Detox Facilities

- Reduce/eliminate waiting times to access service;
- Address extra barriers females face;
- Address no smoking policy (HR);



Education

- Thrive's average learner leaves school at Grade 7, youngest we've seen is grade 3.
- Mental Health a predominate factor for people leaving.
- Continuum of supports inconsistent into High School
- Assessment is pre-requisite to service/ disqualifies many youth
- Rowan Centre School Closed & District School is part time.



Programming barriers

- Dropping people who miss 3 or more appointments (HR)
- Humber Wood not accepting people because of existing medications they take (HR)
- Lack of funding for SWAP (HR)
- Limited counselling offered to clients of Opiate Treatment Centre
- No long term in-province treatment options
- Lack of comprehensive trauma informed services

