

# COMMUNITY COALITION 4 MENTAL HEALTH

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# Who is the CC4MH

- We formed because of the great concern about the state of mental health services in the province.
- A permanent coalition. Elections established.
- We have an elected steering committee made from members of the community
- Province wide
- Made of individuals, interested parties and non-profits/ groups. Over 30 groups.
- We put off the launch and we also lobbied for the All Party Committee.

# Outreach- Visioning Day 2015

1. 211
2. Shorter Wait times
3. The need for everything to be looked at with a mental health lens (all departments)
4. Incentives to attract more mental health workers to NL with a focus on rural NL
5. Education on MH in the k-12 System
6. More education for frontline workers
7. Waterford –Building, programs and treatment approaches
8. HMP

# 211

- System is difficult to navigate.
- A lot of services are not well known
- Would help people feel there was somewhere to turn to for answers
- Holistic approach

# Accessibility

- If you are not living in St John's or Corner Brook it can be difficult for you to access the help that you need.
- Everything is centralized (mostly) in St John's
- The Deaf Community struggles to have their needs even begun to be met because there isn't anyone available to translate for them.

# Education

- We need more education in the k-12 system.
- This helps fight stigma by making it something that is ok to talk about.
- More education for the frontline workers (GP's, Police, etc)

# Her Majesty's Penitentiary

- Built in 1859 (156 years old)
- Klassen Report noted mental health system in HMP under strain. A single psychiatrist who admitted unfamiliarity with the Recovery Model and who asked for professional support.
- Facility physically incapable of delivering modern programming. Completely incompatible with Recovery Model and rehabilitation generally.
- Rising Crime Rate : Increasing armed robberies.
- Ongoing civil disturbances. Prison riots.

# Waterford

- Built 1847 (168 Years old)
- One of the Oldest Hospitals in North America
- Cannot convert to the Recovery Model
- Programs
- Represents stigma in this community
- Limiting ability of staff to work effectively.
- Safety.
- Driving people away from mental health system.



# Systemic Issues

- Follow up/ Post services
- Need to be connected with services in the community
- Need for shorter wait times.
- Need for basic access.